

# Annual Report

Charity registered under section 39 or section 40 of the Charities Act 2009

<b>Submission Number:</b>	SR18357
<b>Received Date:</b>	24/10/2019

## Charity Details

<b>Charity Number</b>	<b>20165314</b>
<b>Charity Name</b>	<b>Lifes2good Foundation</b>

## Activities

<b>Annual Return for Period</b>	01/01/2018 to 31/12/2018
<b>Due Date</b>	31/10/2019
<b>Activities</b>	Advancement of conflict resolution or reconciliation Overseas aid/famine relief Promotion of community Promotion of health, including the prevention or relief of sickness, disease or human suffering

## Description of Activities

The foundation has 5 strategic priorities in its 4-year plan 2018 – 2022. Progress was made on all 5 priorities in 2018:

1. Working through two INGO partners and one local NGO partner the foundation supported targeted protection and psycho social relief programmes for Syrian refugees in Bar Elias camp in the Bekka valley, in Lebanon, and in Beirut and its environs. Baseline and endline measures of psychological well-being and empowerment were taken. 87% of women of all ages improved their psychological well-being and coping capacity.
2. The foundation supported Jenny Fahy and Life Connections to deliver a pilot programme on consent and relationships in four schools. 439 young people attended these workshops across 4 schools in Tuam, Ballinasloe, Birr and Kilkenny. In a pre- and post-workshop evaluation 76% of participants “strongly agreed” that their own understanding of “consent” had significantly improved post workshop.
3. In 2018 the foundation supported the Galway Rape Crisis Centre to deliver timely and consistent adolescent counselling to survivors of rape and sexual assault in Galway. Up to the end of August 142 appointments were arranged with 39 young people. Research, conducted under the auspices of NUIG, indicated positive outcomes from facilitating therapeutic supports for adolescent clients at the time that they request support from the service, rather than when a substantial waiting period has passed. Research also indicated positive outcomes from adolescent clients linking with the same therapist throughout the entire process of intake, assessment and therapeutic support, rather than attending multiple therapists.
4. In 2018 the foundation supported Social Entrepreneurs Ireland to run a Connacht Academy for budding social entrepreneurs in the west of Ireland. 217 applied and 15 were selected to participate in the blended programme of training, mentorship and practical support. Of the 15 participants 3 successfully pitched for Social Entrepreneurs Ireland additional funding at the end of the programme. At least another 3 have since successfully applied for governmental funding. In the end of course evaluation 95% of participants said that they had gained confidence and developed as a social entrepreneur and leader, as a direct result of the Academy.
5. A study was commissioned with the Community Foundation of Ireland focused on “The role of philanthropy in encouraging greater participation in sport amongst girls”. This study and networking in the sector revealed programming opportunities for 2019 and beyond.

<b>Beneficiaries</b>	Community services Overseas aid Services to adolescents Women's services Youth development, shelter and crisis services
<b>Provides Direct Service to Individuals</b>	No
<b>Fees Charged for Direct Service</b>	No
<b>Fee Structure &amp; consideration/selection process</b>	
<b>Beneficiary Selection Process</b>	
<b>Average No. Employees / Paid Officers</b>	NONE
<b>No. of Volunteers</b>	NONE
<b>Codes / Principals</b>	The Good Governance for Community, Voluntary and Charitable Organisations in Ireland Dóchas code of conduct The Governance Code

## Financials

**Gross Income** €0.00

From Government/ Local Authorities

From Other Public Bodies

From Philanthropic organisations

From Donations

From trading and commercial activities

From Other Sources

### Description of Other Sources

#### Donation Income Types

**Gross Expenditure** €885,939.00

**Salary Expenditure** €0.00

## Attachments

Type	Description	Barcode
Set of Audited Accounts	Lifes2Good Foundation CLG - Signed Financial Statements - 31 December 2.pdf	BC60883
Annual Report	Note on Ann Rep for L2GF 2018.pdf	BC63443

## Declaration

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**Filer Declaration Made:** Yes